# ANIMAL AND VETERINARY SCIENCE INTERNSHIPS: HEALTH AND SAFETY ADVISORY PACKET

# Table of Contents

OVERVIEW
AUSTRALIA
Program Locations2
Program Snapshot2
Animals You May Come in Contact with3
BELIZE
Program Locations
Program Snapshot3
Animals You May Come in Contact with4
<b>COSTA RICA</b>
Program Locations4
Program Snapshot4
Animals You May Come in Contact with5
THAILAND
Program Locations
Program Snapshot5
Animals You May Come in Contact with6
RISK ADVISORY FOR ZOONOTIC DISEASES
PROTOCOL FOR RABIES EXPOSURE
RESOURCES

# **OVERVIEW**

The animal and veterinary science internships provide students an opportunity to participate in rotations gaining first-hand experience in a variety of settings while allowing them to gain in-depth knowledge working with animals. Students can choose from programs in Australia, Belize, Costa Rica or Thailand.

Due to the nature of these programs, there are important factors relating to health and safety that should be considered prior to enrolling.

This Program includes travel and may expose you to insect/wildlife transmitted diseases found and/or not commonly found in the US. Spending time outdoors elevates the risk of catching insect/wildlife transmitted diseases. Before you travel abroad make sure to visit the <u>U.S. Department of State</u> website and the Centers for Disease Control and Prevention (CDC) for country-specific travel information regarding your destination and any specific travel advisories recently issued. When appropriate follow recommendations on treating clothing and gear with recommended insect repellents/avoiding areas where wildlife transmitted diseases are prevalent. Upon your return if you are feeling ill, please discuss ANY post-return symptoms with your doctor, including stating travel/exposure from study abroad.

<u>This Program includes activities that may expose you to zoonotic diseases found and/or not commonly</u> <u>found in the US.</u> Animals can sometimes carry harmful germs that can spread to people and cause illness' known as zoonotic diseases. Before you travel abroad make sure to learn more about zoonotic diseases and safety advice via the UC Davis Occupational Health <u>page on Zoonotic Diseases</u> as well as visit the Centers for Disease Control and Prevention (<u>CDC</u>) for information regarding zoonotic diseases. Upon your return if you are feeling ill, please discuss ANY post-return symptoms with your doctor, including stating travel/exposure to animals.

Students may have the opportunity to perform physical exams and assessments on dogs, cats, birds, reptiles, and other wildlife on the programs. Any animal has the potential to bite.

Due to the nature of the program activities, which includes working with live animals as noted above, you may be at risk of contracting rabies if exposed to an infected animal. UC Davis Student Health and Counseling Services recommends that you receive the rabies vaccination prior to departure. Consult with UC Davis Student Health and Counseling Services or your private healthcare physician about this further.

Read below for more specifics on each program.

# **A**USTRALIA

**Program Locations** Caloundra and Wildlife Park, Australia

Program Snapshot Wildlife, Conservation and Veterinary Science While in Australia, you will participate in a full-time internship, spending approximately two weeks each at the Walkabout Wildlife Park and Australia Zoo. All participants should be comfortable working with animals and getting dirty.

Walkabout Wildlife Park: This portion of the program will include a veterinary course in nature, including labs and veterinary lectures and hands-on teaching from Loop Abroad vets. You can expect to work at least 40 hours per week.

Australia Zoo: The zoo internship will not be with the veterinary team, but will be working directly with zookeepers while earning animal experience hours. You may be involved in a field-based conservation project or assisting keepers with their normal daily animal care.

Groups will include 8-12 students and the order of the rotations will vary.

Please make sure to read the Program Risk Advisories, which can be found on the <u>On Site tab</u> on the program webpage.

#### Animals You May Come in Contact with

On this program, you may come into contact with wildlife and zoo animals, such as reptiles (nonvenomous snakes, lizards, turtles), marsupials (bilbies, wallabies, bandicoots), domestic mammals (rabbits, Guinea pigs, goats, pigs, alpaca), and birds (tawny frogmouth, kookaburra, cockatoo, emu) as well as possibly dingoes.

If rabies vaccinated, you may have the opportunity to help care for flying foxes.

Please note that this list of animals is not exhaustive.

# BELIZE

**Program Locations** San Ignacio, Belize

#### Program Snapshot Large Animal Science in the Caribbean

This internship program, in collaboration with CELA-Belize, will take place in San Ignacio, Belize. Weeks 1 and 2 will involve intensive coursework in Large Animal veterinary medicine. This will involve traditional classroom time, field assessments, written assignments, presentations, and a full course assessment at the end of week 2. Weeks 3 and 4 will involve immersive-field experience rotations at local farms (both private and government), government agencies, and government labs. Students will have the opportunity to participate in all listed rotations during weeks 3 and 4 and should plan to spend 3-4 immersive days at each locale.

Students will have the opportunity to learn hands-on veterinary examination techniques at working ranches and farms (horse, sheep, cattle and pigs) as well as learn about animal agriculture in Belize, including analyzing laboratory specimens in a laboratory. This course is designed for the veterinary, pre-

veterinary, animal science or zoology students to gain working knowledge of the husbandry, and health issues confronting farm animals such as horses, sheep, pigs and cattle (beef and dairy) in Belize.

Please make sure to read the Program Risk Advisories, which can be found on the <u>On Site tab</u> on the program webpage.

#### Animals You May Come in Contact with

On this program, you may come into contact with horse, sheep, goats, cattle, pigs, dogs and cats.

Please note that this list of animals is not exhaustive.

# **COSTA RICA**

### Program Locations

Wildlife Rescue Center and San José, Costa Rica

#### **Program Snapshot** Wildlife, Conservation and Veterinary Science

While in Costa Rica you will participate in a full-time internship, spending approximately two weeks each at Kids Saving the Rainforest and Territorio de Zaguates. All participants should be comfortable working with animals and getting dirty.

Kids Saving the Rainforest: This portion of the program will provide the opportunity to observe and learn wildlife medicine in a rescue, rehabilitation and release facility. The site has veterinarian staff, emergency veterinary clinic on site, classroom space, lab space, and is home to birds, primates, sloths, and other small mammals.

Small Animal Clinic (Territorio de Zaguates): Two weeks of veterinary small animal clinic rotation will be hosted at the famous Territorio de Zaguates (TdZ), or "land of the strays", as seen in the Netflix series "Dogs". TdZ is home to over 1800 dogs (all fully vaccinated and sterilized) and is located near San Jose. It offers a veterinary clinic that provides spay-neuter surgeries twice a week and sees small animal patients for routine and emergency visits, as well as providing care for abandoned and rescued animals.

Students will have the opportunity to shadow veterinarians and also learn from the facility staff at each location, along with participating in supplementary labs and interactive lectures supporting what they are learning. You can expect to work 30-35 hours per week.

Groups will include 8-12 students and the order of the rotations will vary.

Please make sure to read the Program Risk Advisories, which can be found on the <u>On Site tab</u> on the program webpage.

#### Animals You May Come in Contact with

On this program you may come in contact with cats and dogs at TdZ, and Costa Rican wildlife while at Kids Saving the Rain Forest.

TdZ is home to over 1800 dogs (all fully vaccinated and sterilized) and is located near San José. At Kids Saving the Rainforest, students may come in contact with birds (mostly parrots), marmosets, tamarins, sloths, kinkajous, coatis, squirrel monkeys. Wildlife that may come close on nature walks (but students are not permitted to touch) are capuchin monkeys, lizards, amphibians, birds, spiders, and snakes.

Please note that this list of animals is not exhaustive.

# THAILAND

#### **Program Locations**

Chiang Mai and Elephant Nature Park, Thailand

#### **Program Snapshot**

#### Wildlife, Conservation and Veterinary Science

While in Thailand, you will participate in an internship for 35-40 hours per week. You will have the opportunity to live in both city and rural settings in Chiang Mai and at the Elephant Nature Park 60 km north of the city. You will have free weekends while in Chiang Mai. All participants should be comfortable working with animals and getting dirty.

Chiang Mai Wildlife/Zoo: For two weeks of your program, you will at Chiang Mai Night Safari working behind-the-scenes with a zoo vet to learn the proper handling and health assessment methods for various birds, reptiles, and mammals, as well as helping to provide them with the necessary healthcare. Your veterinarian will teach you about the anatomy, behavior, and care for these animals, including how ethograms are used for animal research and how to create and assess enrichment projects in a zoo or animal sanctuary setting. You will have weeknight evenings and the weekends free to explore the magical city of Chiang Mai.

Chiang Mai Small Animal Clinic: For two weeks of your program, you will be at the Dog Rescue Clinic outside of Chiang Mai where you will learn and practice clinical skills while providing care throughout the day. This is an excellent, hands-on learning experience while having a lasting positive impact on the animals' lives.

Elephant Nature Park: Elephant Volunteer: For one week, you will live at the Elephant Nature Park surrounded by Thai staff, volunteers from around the world, and all kinds of animals that call the park their home. This sanctuary is home to over 80 elephants and approximately 1,000 other animals, including hundreds of cats and dogs, and provides the opportunity to gain an understanding of the intersection of conservation, culture, and development. You will work as an elephant volunteer and learn the history of the elephant sanctuary while helping with husbandry tasks such as preparing elephant food and cleaning enclosures. You get to observe elephants up-close and contribute to their rescue.

Please make sure to read the Program Risk Advisories, which can be found on the <u>On Site tab</u> on the program webpage.

#### Animals You May Come in Contact with

On this program, you may come in contact with cats, dogs, and elephants. During the zoo week, you may come in contact with reptiles (non-venomous snakes, tortoises, turtles, lizards), birds (owls, parrots, buggies), and mammals (meerkats, small wildcat, sheep, goats, miniature horses, miniature donkeys).

Dogs and cats are often vaccinated for Rabies on intake. It is Loop Abroad policy that at the dog and cat clinic in Thailand, students who are not vaccinated for rabies cannot handle dogs and cats that have not been rabies vaccinated.

Please note that this list of animals is not exhaustive.

# **RISK ADVISORY FOR ZOONOTIC DISEASES**

This Program includes activities that may expose you to zoonotic diseases found and/or not commonly found in the US. Animals can sometimes carry harmful germs that can spread to people and cause illness' known as zoonotic diseases. Before you travel abroad make sure to learn more about zoonotic diseases and safety advice via the UC Davis Occupational Health <u>page on Zoonotic Diseases</u> as well as visit the Centers for Disease Control and Prevention (CDC) for information regarding zoonotic diseases. Upon your return if you are feeling ill, please discuss ANY post-return symptoms with your doctor, including stating travel/exposure to animals.

Students will have the opportunity to perform physical exams and assessments on dogs and cats and some other mammals on the programs. Any animal has the potential to bite. Read the program webpages for more specifics on each program.

# **PROTOCOL FOR RABIES EXPOSURE**

Per Loop Abroad policy, any bite wound must be assessed by a doctor in-country. On all programs, even if a dog (up-to-date with rabies shots) bites a student who is vaccinated, the student still must go to a doctor for assessment. In Thailand, it is policy not to allow unvaccinated students to handle dogs that haven't been rabies vaccinated.

In cases where students in are bitten, staff will follow up with the owner/shelter/facility/etc. to ensure the animal doesn't show or develop any clinical signs for two weeks.

Due to the nature of the program activities, which includes working with live animals, you may be at risk of contracting rabies if exposed to an infected animal. UC Davis Student Health and Counseling Services recommends that you receive the rabies vaccination prior to departure. Consult with UC Davis Student Health and Counseling Services or your private healthcare physician about this further.

# **R**ESOURCES

UC Davis Occupational Health webpage on Zoonotic Diseases

#### https://safetyservices.ucdavis.edu/units/occupational-health/surveillance-system/zoonotic-diseases

This webpage included Zoonosis information by species of animal, including Care and Use Information as well as a Risk Assessment worksheet.

#### **Centers for Disease Control and Prevention (CDC)**

https://www.cdc.gov/onehealth/basics/zoonotic-diseases.html

This webpage includes information on what Zoonotic diseases are, who is at risk and how you can protect yourself from Zoonotic diseases.

#### **U.S Department of State Travel Information**

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages.html

These webpages provide safety and security information for every country of the world to help you assess for yourself the risks of travel. Each country information page contains a Travel Advisory, Alerts, and other important details specific to that country that could affect you.

#### Australia

<u>https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Australia.html</u>

#### Belize

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Belize.html

#### Costa Rica

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/CostaRica.html

#### Thailand

https://travel.state.gov/content/travel/en/international-travel/International-Travel-Country-Information-Pages/Thailand.html